



February Challenge

Celebrate the European Week of Winter Sport!



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#BEACTIVIEWINTER 
EUROPEAN WEEK OF WINTER SPORT



February:



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This February, we're embracing the magic of winter sports during the **European Week of Winter Sport**! Let's discover, learn, and enjoy activities that bring us closer to nature while staying active and healthy in the colder months.

Winter Sports: Did You Know?

- Snowboarding, one of the youngest winter sports, debuted in the Olympics in 1998.
- Biathlon combines two fascinating skills: cross-country skiing and rifle shooting. It originated as a military training exercise.

Join us in celebrating winter sports and sustainability through registering in our **European Week of Winter Sport Contest**!



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How to Earn Healthy Kilometers (HKms) This February:

- **Participate in a winter sports event:** Join your school or community in skiing, snowboarding, or ice skating.
- **Compare winters past and present:** Ask your parents or grandparents how winters were like in their youth. Compare it to today—what's changed?
- **Investigate ski resorts:** Find out how ski resorts are doing now. Are they struggling with less snow? Imagine what might happen to them in the future.



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How to Earn Healthy Kilometers (HKms) This February:

- **Think about future winters:** What will winters look like in 10, 20, or 50 years? How can we help protect them?
- **Participate in the EWWS Contest:** Present your innovative solutions to environmental challenges in winter sports or create a short, captivating video that highlights sustainable winter sports, local tourism, or community involvement.

We hope these activities inspire environmental awareness while you enjoy winter sports and have fun with your classmates and family.



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Be Leaders of the Challenge

- 1. Set Up a Register to the MSC Challenge:** Place a table in each classroom for students to log their activities and HKms.
- 2. Celebrate Achievements:** Track weekly HKms and celebrate progress as a team!





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Share Your Winter Fun!

Capture your activities and share them on social media. Use the hashtag **#MovingSchoolsChallenger** to showcase your school's creativity and energy this winter.

Special thanks to School El Caton for inspiring this challenge!!



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